



*changing
lives*

Match Race 2014
Fund "Racing" Campaign

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Support
Project
ASTRIDE.

change
lives
with your gift.

Donations sent during October, November, and December are **INCREASED** by a matching contribution from these generous donors:

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Donate using your
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TO THE MAX
give DAY
NOV 13, 2014

Or, please mail your check to Project
ASTRIDE, at the return address at right.



Project ASTRIDE provides therapeutic horseback riding and interaction for people with developmental, physical, or sensory challenges. Sessions include a trained horse, adaptive tack, and a volunteer team including a certified riding instructor.

Participants gain physical mobility, additional muscle and skeletal movement provided by the stride of the horse, relaxation, empowerment, social skills, self-esteem, and friendships.

Can you help us this year?

Project ASTRIDE is fully volunteer operated and riders' fees pay only 28% of the costs. That is why for the last 28 years we have relied on the generosity of people like you.

Thank you for your gift to help make positive changes in the lives of our riders!

Project ASTRIDE is a Minnesota 501(c)3 non-profit organization. Your monetary contribution may be tax-deductible and is greatly appreciated.



www.astride.org

P.O. Box 873
St. Joseph, MN 56374

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