



Project ASTRIDE

PO Box 873 St. Joseph MN 56374

www.astride.org

Adapted Specialized Training and Recreation Involving Disabled Equestrians



Project ASTRIDE provides therapeutic recreational horse activities for individuals with cognitive or physical challenges.

2013 Calendar of Events:



Jan. 12: Strategic Planning Meeting / 8 AM - Annandale
Jan. 15: Volunteer Appreciation Party / 6 PM - Sauk Rapids
Jan. 21: Board Meeting / 6:30 PM - St Cloud
Feb. 3: Benefit Breakfast and Silent Auction, 9 AM - Waite Park
March 8-10: Region 6 Conference / St Cloud
March 18: Board Meeting / 6:30 PM - St Cloud
April 6: Volunteer Training / 9 AM - Avon
April 6: Rider Orientation / 1:30 PM - Avon
April 8: Leader Training / 6 PM - Avon
April 15: Spring Riding Session Begins / Avon
May 20: Board Meeting / 6:30 PM - St Cloud
June 1: Volunteer Training / 9 AM - Avon
June 1: Rider Orientation / 1:30 PM - Avon
June 8: PA Horse Show - Fun Day / Avon
June 17: Summer Riding Session Begins / Avon
July 22: Board Meeting / St Cloud
August 10: Volunteer Training / 9 AM - Avon
August 10: Rider Orientation / 1:30 PM - Avon
August 18: Rocking R Benefit Horse Show - Foley
August 20: Fall Riding Session Begins / Avon
September 23: Board Meeting / 6:30 PM - St Cloud
October 21: Annual Board Meeting / 6:30 PM - St Cloud
November 18: Board Meeting / 6:30 PM - St Cloud

BENEFIT BREAKFAST & SILENT AUCTION:



Our annual benefit breakfast will be Sunday, February 3, at the Moose Family Center, 1300 3rd St. N., Waite Park, 9 a.m. to 1 pm.

Silent auction items are needed again for this year. **CAN YOU HELP** with donations for the next ones? Guidelines are simple: We ask that estimated value is a minimum of \$25.00. If you can contribute, please get in touch with Linda Peterson, 320-529-9680 (leave a message) or email lkpete@cloudnet.com

FUNDRAISING RAFFLE

The annual fundraising raffle will also continue in 2013. Raffle items will be needed to support this important project. **CAN YOU HELP?** The drawing will be held in mid-August. The item list is needed by March 15, for early April ticket printing. Contact Laurel Theis for raffle items: 320-685-4524, or email: Lmrt5@juno.com

2012 brought many challenges along with great outcomes.

Heather Kraft joined the instructor team this year and has proven to be a wonderful addition. Project ASTRIDE will be signing another five year lease with Avon Hills Paints and Quarter Horses starting in the year of 2013.

As always, with only 28% of income coming from participant fees, FUNdraising is an important part a program with a \$50,000+ annual budget. Please help support the program by supporting the fundraising events in 2013.

The other piece of the puzzle is volunteers. This year the program had 75 volunteers that put in over 2600 hours! Coordinating all of those hours is no easy task for the volunteer coordinator, so when you get that call this year...



REGION 6 PATH CONFERENCE

PA is hosting the Region 6 Conference this year at the Kelly Inn. Region 6 consists of PATH Int'l centers of MN, SD, WI, ND, and Saskatchewan. The conference is a large educational / informational gathering for centers to help manage program challenges. If you would like to volunteer, attend, or just want more information, please contact the program at info@astride.org.

REPORT ON THE HERD

Have you heard about Project ASTRIDE's herd? The horses are wintering well and from what they have told us, are looking forward to the start of a new season. All but one that is. **Clara, the Fjord, is still for sale.** She would much rather be pulling a cart than packing a person. If you know of a home for her please contact Clare at 320-468-2524.

THANKS SO MUCH to

... **ADELMAN**

ADVERTISING, Avon,

for donating their incredible copywriting and layout talents. They are a joy to work with, and have helped Project ASTRIDE on many levels. When you need services such as theirs, don't hesitate to choose them.

www.adelmanadvertising.com

DR. MELISSA LOIDOLT,

DC.IVCA, Back on Track

Chiropractic ,

St. Cloud, for donating her equine chiropractic skills to ensure the PA horses feel their best for spring 2013. She also plans to work with them all year. Blackie refused to back up before Dr. Loidolt's session, then backed without hesitation after!

www.backontracktoday.com

(both horses & humans)

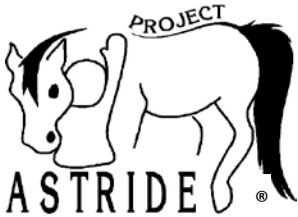
MATCH RACE:

Thanks to everyone who donated to our Match Race fundraising efforts. Because of you, we met both our October and November goals, and are well on the way to meeting December's as well. You are the reason Project ASTRIDE will go into its 27th year on a sound financial footing.

Special thanks to our Match Race sponsors, who offered the matching pledges:

- **Paul Morrison,** Paul Morrison Real Estate Professional, RE/MAX Results: www.PaulMorrisonHomes.com
- **Tandem Orthotics and Prosthetics:** www.4tandem.com
- **Dr. Greg and Susan Schlosser**
- **Lisa Schoonmaker**

Final Match Race results plus recognition for **ALL** our generous supporters from throughout the year will be available on the Project ASTRIDE website. If you have the opportunity to use their services – or offer a personal thank you – please do so. We wouldn't be here without all of you. www.astride.org



PO BOX 873

ST. JOSEPH, MN 56374

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From Kerry B ... "Project ASTRIDE lets me share experiences with caring, fun-loving, amazing people and furry friends!"

What does PA mean to you? Drop us a line and let us know.

VOLUNTEERS are the heart and soul of Project ASTRIDE. PA has had no paid staff in its 26 years of existence. Opportunities are many, from fundraising, and helping with events, to staffing the sessions (April to October, with 8-week commitment(s).)

Send a note to our P.O.Box, attn: Marti Marrinan or an email to martiastride@yahoo.com. Include your name, address, phone/email or other contact information, and any specific areas of interest.

THANKS FOR YOUR SUPPORT!

Name: _____

Address: _____

City, State, Zip _____

Email: _____

Amount of Donation: _____ (Any amount is welcome!)

Mail to Project ASTRIDE, P.O. Box 873, St. Joseph, MN 56374.

Prefer using a credit card? Donate on-line at www.GiveMN.org